

St. Kateri Tekakwitha Parish

Office: 1500 Hanwell Road, Fredericton NB E3C 1N3 Phone (506) 444-6021

Father Bill Brennan, Parish Priest Website: stkateri.ca Email: office@stkateri.ca

Mass Schedule: St. Ann's Sunday @ 9:30 am/Holy Family Saturday @ 4:30 pm and Sunday @ 11:00 am

February 22nd, 2026 – 1st Sunday of Lent



World Day of Prayer 2026 “I Will Give You Rest: Come”

“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light” –Matthew 11:28-30

Jesus' call to “come” and find rest is not just a momentary relief but an invitation to a new way of living in relationship with God. The concept of a ‘yoke’ might seem strange to us today, but it was a common image in Jewish teachings. Often, it symbolized the law or religious obligations. However, Jesus offers a different kind of yoke – one that brings rest rather than burden. (WDP Resources in Nigeria)

Ecumenical Worship Service Information:



St. Clements Anglican Church (6839 NB-102), Dumfries. Tuesday, March 4th at 1:30pm. Light refreshments will be served after the service. (Rain date: Friday, March 6th at 1:30pm)

St. Francis of Assisi Catholic Church (2130 Route 102), Lincoln. Friday, March 6th at 2pm. (Rain date: Friday, March 13th at 2pm). **St. John's Anglican Church** (75 Main Street), Fredericton. Sunday, March 8th at 2pm. (Rain date: Sunday, March 15th at 2pm).

Our Lenten Journey—Week One. *As Lent is the time for greater love, listen to Jesus' thirst... What are we to repent? Our indifference, our hardness of heart. What are we to believe? Jesus thirsts even now, in your heart and in the poor...” –Mother Teresa*

The following are some suggestions to help us with our journey over the next forty days using the key principles of praying, fasting and almsgiving:

- **40 Cans For Lent.** Donate one can of food or non-perishable item to a local Food Bank. Join us in building our ‘**Everything Tomato & Pasta**’ campaign this Lent.
- **Serve.** Volunteer at a local shelter or food kitchen or perform random acts of kindness.
- **Spiritual.** Join a Rosary group or commit to praying a Stations of Cross each week.

Symbols in Anticipation of Easter-Week One: “Oil”. In cathedrals around the world, Bishops bless the holy oils at the Chrism Mass. After the Chrism Mass, each Parish receives a portion of each blessed oil. The sacramental oils are:

- a) The Oil of Catechumens
- b) The Oil of the Sick
- c) The Oil of the Chrism

Weekday Masses:

Tuesday, February 24th, 10:30am, St. Ann's Church
Tuesday, March 3rd, 7pm, Holy Family Church
Tuesday, March 10th, 10:30am, St. Ann's Church
Tuesday, March 17th, 7pm, Holy Family Church
Tuesday, March 24th, 10:30am, St. Ann's Church

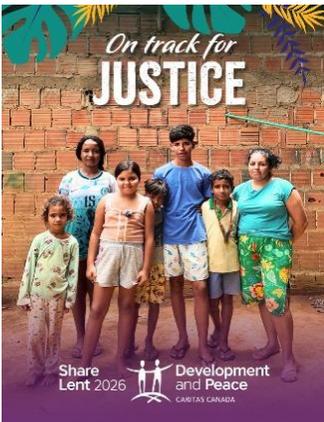
Note: Each Mass will be followed by one hour of Adoration of the Blessed Sacrament. If Fr. Bill is unable to celebrate a weekday Mass, a Stations of the Cross will be held.

‘Show Me the Way’ – Lent Sessions: The third session for our group gathering is on **Thursday, February 26th at 7pm at Holy Family Church.** We are using the book of Daily Lent Reflections by Henri Nouwen. Please speak to Judy Kelly if you have any questions (506) 478-7274.

Cookie Sunday Weekend: Next Cookie Sunday Weekend is February 28th and March 1st. Donations can be dropped off at Holy Family Church at the Saturday Mass or Sunday Mass at both St. Ann's Church and Holy Family Church. Thank you for your continued generosity of donated items for those in need and in support of our Outreach Ministry.

Food Bank "Everything Tomato & Pasta Campaign" will continue throughout the forty days of Lent. Help us once again to build our new tower of tomato and pasta food items!!

Development and Peace Share Lent Campaign: *On Track*



for Justice: Lent is a time of conversion that invites us to draw closer to God, to Jesus and to our neighbours. For Development and Peace, it is an opportunity to draw closer to our sisters and brothers in the Global South. This Lent, let us walk alongside them, ***On Track for Justice***, and ensure that our

gifts and actions create a bridge of solidarity, echoing the words of Pope Leo XIV in *Dilexi te*, (§75), "The Church, like a mother, accompanies those who are walking...where walls are built, she builds bridges."

Over the next four weeks we will be presenting the four Symbols of Solidarity.



1ST Symbol – A Mask: A mask represents how difficult it is to live healthily for rural communities whose air is contaminated by mining and industrial pollution. Three

hundred and twelve families of Piquia do Baixo in Brazil know this all too well. Their daily lives—and their lungs—were filled with toxic dust from industries and freight trains near their homes along the Carajas railway. After twenty years of struggle, the 1,300 people in the community were able to relocate away from the pollution to a development called Piquia da Conquista, with the support of Development and Peace – Caritas Canada's partner, *Justica nos Trilhos* (Justice on Rails).

Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity. How?

By donating to a special collection on Solidarity Sunday Weekend, March 22nd, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world! Envelopes available in the lobby of the Church.

Get the Mini-magazine and follow the **Solidarity Calendar** with your family. Copies available in the lobby of the church.

Some ideas from the Solidarity Calendar for the week of Ash Wednesday:

- Plant a mustard seed and watch it grow throughout Lent.
- Can you reduce your use of disposable packaging? Donate fifty cents for every wrapper in your lunch bag.
- Catholic Social teaching (CST) is central to our faith and the work of Development and Peace. Each Monday, discover a CST and learn how it helps building the Kingdom of God. Use the link: [Solidarity Calendar Activities](#)

Join the ***On Track for Justice*** Campaign Launch Webinar -

To learn all about Development and Peace — Caritas Canada's new Share Lent campaign, ***On Track for Justice***, join the launch webinar on **February 21 at 1:30 p.m. ET.**

We will learn about the work of our Brazilian partner, ***Justica nos Trilhos*** (Justice on Rails), in the company of Padre Dario Bossi, a Comboni missionary and Lenten solidarity visitor, and a member of a community along the Carajás railway that is affected by industrial agriculture. Read the letter of support from Bishop Riesbeck. Copies are available in the lobby of the church.

2026 Men's Retreat ~ We are pleased to invite you to the 2026 Men's Retreat at Villa Madonna Retreat House, taking place **March 20-22, 2026**. The theme for this year is: **On Fire with the Spirit. Sent with Purpose. Igniting Heroic Faith. Registration:** To register online (deadline is March 6, 2026), please visit,

<https://events.insogan.org/CHAA>

For more information please contact:

menoffaith.nb@gmail.com

Rosary - Rosary is prayed every Thursday morning at 1030 at Holy Family. During Ordinary Time we will be reciting the Luminous Mysteries. All are welcome to attend.



Coldest Night of the Year Fundraiser: On **February 28th 2026**, the Confirmation Class from St. Kateri Tekakwitha Parish will be walking in the Coldest Night of the Year, a fun, family-friendly walkathon to raise money to support the John Howard Society of Fredericton and their work with people in our community experiencing hurt, hunger and homelessness.

The John Howard Society of Fredericton (JHSF) runs a variety of programs for youth and adults in our community to help them make better life decisions and lead happy and productive lives. JHSF owns five residential buildings, scattered across Fredericton, that provide supportive housing for 58 individuals who were previously experiencing homelessness, including five youth between 19 and 24 years of age. Residents all have a case manager who helps them with personal challenges in their lives.

They also have access to peer support and a mental health and addictions worker. Other services provided include:

- support youth in crisis with housing and supports,
- provide inclement weather response during times of extreme heat or cold to people experiencing homelessness and living rough,
- provide snacks and beverages to people experiencing homelessness who are clients of our Ironwood Resource Centre,
- deliver family programs to help kids do better in school,
- provide a lunch snack program to kids in need/provide breakfast to our shelter clients,
- run our peer support group that is free to anyone in the community who needs support in the topic areas of mental health, addictions, homelessness, grief and loss,
- cover some of the construction costs of our new family housing units for families experiencing homelessness due to domestic violence, and much more.

How to donate to the fundraiser: Our confirmation students are having a fundraiser for their team at Mass at Holy Family Church on **Saturday, February 21st and Sunday, February 22nd**. Craft and bake sale items will be for sale. Another way to donate by clicking <https://cnoy.org/location/fredericton> and under 'Teams' click "**Holy Family St Kateri**". Please support our students who are helping bring dignity to those who have lost all hope.



Looking for Bingo Volunteers.

A fundraiser bingo is being organised to support the Biliik Elders Fundraising efforts for their annual trip to Ste. Anne de Beaupre. The bingo will take place in the Hall of St. Ann's Church. For more details contact Terry Young at maliseet@hotmail.com or text 514-775-3058.

Everyone is welcome!

Summary of Support for February 14 & 15

Regular/Loose	\$ 4,138.75
PAD (wkly. average)	2,298.46
Christmas	250.00
St. Patrick's Cemetery	15.00
Catholic Missions (Ash Wednesday)	35.00
Building Fund	20.00
Oromocto Food Bank	40.00
TOTAL	\$ 6,797.21

READINGS for February 22nd

First Reading: Genesis 2:7-9, 16-18, 25: 3:1-7
 Second Reading: Romans 5:12-19
 Gospel: Matthew 4:1-11

Responsorial Psalm: Have Mercy, O Lord, for we have sinned.

Steubenville Atlantic Youth Conference & LEAD

Registration is now open. This is a call to all high schoolers to come and explore how Jesus meets our deepest longing for meaning, joy, and love. Join hundreds of Catholic teens at **Steubenville Atlantic in Halifax, July 10–12, 2026**, and encounter the transforming love of Christ. Youth in grade 9 through grade 12 are welcome to attend. If you are interested as a youth or a chaperone, you can learn more at <https://www.steubenville.ca> or to register click on the following link: [Steubenville Registration](#). You may also speak to Sharon Watts, Fr. Bill, or Patricia Lee, Director of Catechesis, Diocese of Saint John: 506-627-6465 or email catechesis@dioceseofsaintjohn.org

Gebretinsae Family to Arrive March 24

In March of 2023 the application for Mengestab Gebretinsae and his 3 children was submitted to IRCC (Immigration Canada) by our parish. A family from Eritrea, they had been living in Khartoum, Sudan for a number of years as refugees. Within weeks of the application being sent in, the civil war in Sudan broke out. The family first fled to southern Sudan, but soon moved on to Kampala, Uganda, where they have been living until now.

As well as being sponsored by the parish, they are being co-sponsored by Mengestab's sister, Letezghi, and brother-in-law, Mawael, who attend Mass at Holy Family with their children. Letezghi and Mawael are providing housing and other major support when Mengestab and children arrive on March 24, along with a settlement team of parishioners.

Our Sacred Stories
God's Dream in Jesus the Christ
(Fr. John Jennings)

Mass Intentions at St. Ann's

Feb 22nd McKerral Family
Mar 1st James Andrew McAllister
Margaret Francis
Mar 8th Angus Cameron
Mar 15th For the People
Mar 22nd Helen McLenaghan
Mar 29th For the People

Mass Intentions at Holy Family

Feb 21st Norah Marshall
Feb 22nd Conrad Bourcier & DFM
Feb 28th Norma Brown
Mar 1st For the People
Mar 7th Mona Orem
Mar 8th For the People
Mar 14th Omar Doucet
Mar 15th Arthurenne Basque
Mar 21st Jerry Chessie Jr.
Mar 22nd For the People
Mar 28th Martin Clark
Mar 29th Paul McGrattan

Desmond Tutu, the South African Anglican Archbishop (1931-2021) spent much of his life working to end apartheid, the racial division in South Africa. He regarded this unjust and painful division based on race as counter to God's plan or dream for all humanity. For Tutu, God's dream, from the very beginning was one of hope, justice, peace and inclusion for all. As expressed early in our scriptures: *God saw all He had made, and indeed it was very good* (Gen. 1:31).

In the midst of division and injustice, Archbishop Tutu expressed God's ultimate dream for us all in a prayer that can be ours: *Dear Child of God, before we can become God's partners, we must know what God wants for us. "I have a dream," God says. "Please help me to realize it. It is a dream of a world whose ugliness and squalor and poverty, its war and hostility, its greed and harsh competitiveness, its alienation and disharmony are changed into their glorious counterparts, where there will be more laughter, joy, and peace, where there will be justice and goodness and compassion and love and caring and sharing.... That My children will know that they are members of one family, God's family, My family.* [Desmond Tutu with Douglas Abrams, God Has a Dream: A Vision of Hope for Our Time (New York: Doubleday, 2005) 19-22]

Lent for us, is always a step into a kind of desert, an opportunity to reflect on how we are part of our world's challenges. The image of a desert is often a place where we can be lost and discouraged.

But it is at same time, it is a place of discovery. Personally and communally, Lent is this opportunity to discover who and where we are in God's dream.

Our best Lent is this journey of discovery. Rather than giving things up, we can be on a quest. Through devoting time and attention to prayer and reflection, we can set aside those things that reduce and diminish our lives. Seeing our life as God sees it, as Desmond Tutu expressed it, is truly life-giving. God loves us always and forever, unconditionally. A few concrete suggestions for this Lent might help:

- Take advantage of quiet moments for reflection and prayer
- Examine how we use our resources and talents, especially for others
- Gather with your communities – family, friends, faith, acknowledge how much they mean for you.

Our Lenten season is intended to promote our growth as disciples of Jesus the Christ. It is not about what we give up, but rather who we become through this Lenten journey of discovery.

READERS AT ST. ANN'S

Feb 22nd Lawrence Cameron
Mar 1st John Monkhouse
Mar 8th Stacey Chessie
Mar 15th Elaine Geldart
Mar 22nd Carolann Doherty
Mar 29th Betty Colligan

READERS AT HOLY FAMILY

Feb 21st Margie Snell / Joan Sowers
Feb 22nd Maureen Hawthorne / Doreen Cormier
Maurice Harquail / Chinasa Trinitta
Feb 28th Paula Ryan / Anna Mae Snider
Mar 1st Patrick Burgoon / Carl Duivenvoorden
Mandy Gilmore / Marijke Hurkens

EUCCHARISTIC MINISTERS AT HOLY FAMILY

Feb 21st Leslie Carr / Colleen Hamilton
Feb 22nd Ewart Kenney / Patrick Burgoon
Feb 28th Rita Maxwell / Harold DeCoursey
Mar 1st Rhadia Ange / Rhadissa Ange